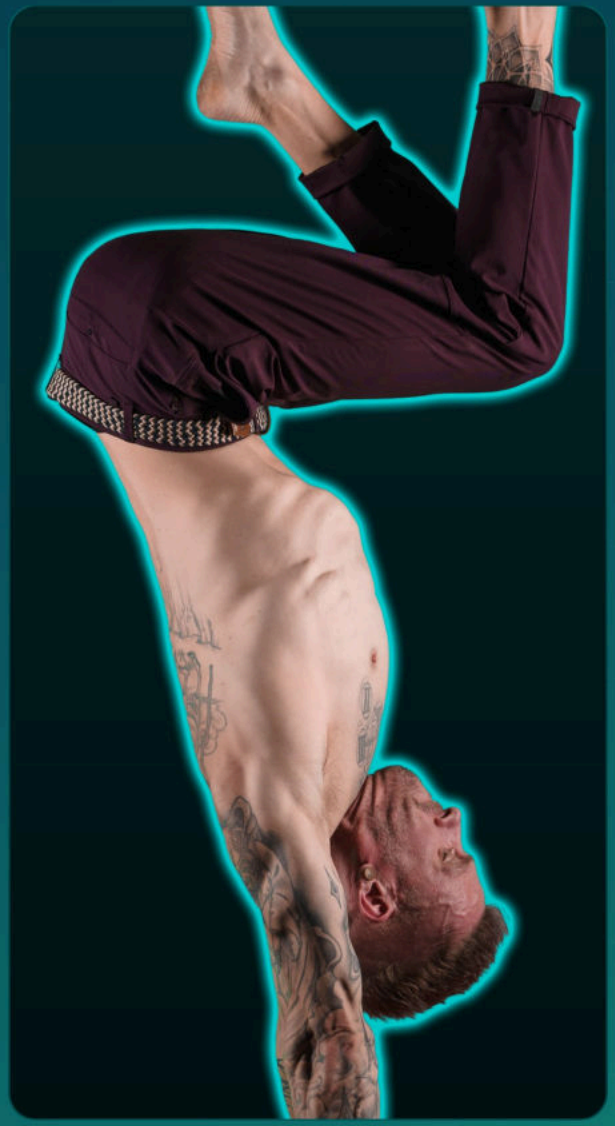
KYLEWEIGER

FREE GUIDE

TRY ON DRILLS LIKE CLOTHES

NOT EVERY DRILL FITS EVERY PRACTITIONER. FIND THE VERSION THAT FITS YOU NOW.



TOO BIG

Missing the prerequisites.

IN THE STORE

- ✕ YOU WEAR A MEDIUM
- ✕ A 3XL WON'T FIT
- ✕ SO YOU DON'T BUY IT

IN HANDSTAND

- ✕ STILL LEARNING TO KICK UP
- ✕ HOLDING FOR ABOUT 10 SECONDS
- ✕ TRYING TO SHIFT TO ONE ARM

RIGHT FIT

A drill that fits your practice now.

HOW TO FIND IT

- ✓ CHECK THE PREREQUISITES
- ✓ PROGRESS IF IT'S TOO EASY
- ✓ REGRESS IF IT'S TOO HARD

WHAT YOU GET

- ✓ A DRILL YOU CAN ACTUALLY USE
- ✓ TIME WELL INVESTED
- ✓ PROGRESS YOU CAN BUILD ON

SHOP FOR YOUR SIZE.

Invest in the version that fits your practice now.

SEE HOW TO